



FALL 2020 Class Schedule

MONDAY	3 p.m. to 4 p.m.		4 p.m. to 5 p.m.	5 p.m. to 6 p.m.	6 p.m. to 7 p.m.	7 p.m. to 8 p.m.
	Judo/JiuJitsu		Karate White to Purple Belts	Karate Green to Black Belts	Elite Karate	Black Belt Club Brown and Black Belts
TUESDAY	3 p.m. to 3:30 p.m.	3:30 p.m. to 4 p.m.	4 p.m. to 5 p.m.	5 p.m. to 6 p.m.	6 p.m. to 7 p.m.	7 p.m. to 8 p.m.
	Private	Kinder Karate 3-5 years old	Kids Karate 6-8 years old	Youth Karate 9-12 years old	Teen Karate 13-19 years old	Adult Karate 20 years old and over
WEDNESDAY	3 p.m. to 4 p.m.		4 p.m. to 5 p.m.	5 p.m. to 6 p.m.	6 p.m. to 7 p.m.	7 p.m. to 8 p.m.
	Judo/JiuJitsu		Karate White to Purple Belts	Karate Green to Black Belts	Elite Karate	Black Belt Club Brown and Black Belts
THURSDAY	3 p.m. to 3:30 p.m.	3:30 p.m. to 4 p.m.	4 p.m. to 5 p.m.	5 p.m. to 6 p.m.	6 p.m. to 7 p.m.	7 p.m. to 8 p.m.
	Private	Kinder Karate 3-5 years old	Kids Karate 6-8 years old	Youth Karate 9-12 years old	Teen Karate 13-19 years old	Adult Karate 20 years old and over
FRIDAY	3 p.m. to 4 p.m.		4 p.m. to 5 p.m.	5 p.m. to 6 p.m.	6 p.m. to 7 p.m.	7 p.m. to 8 p.m.
	Judo/JiuJitsu		Karate White to Purple Belts	Karate Green to Black Belts	Elite Karate	Private

SATURDAY	9 a.m. to 9:30 a.m.	9:30 a.m. to 10 a.m.	10 a.m. to 11 a.m.	11 a.m. to 12 noon	12 noon to 1 p.m.	1 p.m. to 2 p.m.
	Private	Kinder Karate 3-5 years old	Karate White to Purple Belts	Karate Green to Black Belts	Black Belt Club Brown and Black Belts	Private

Classes in gray are also offered online

JMAC KARATE
 10585 Slater Ave Ste 1A
 Fountain Valley, CA 92708
 Phone: (714) 963-5866
www.jmackarate.com